

## Call by the People of the U.S.A. to Our Political Representatives in Congress

# Protect Vitamin Freedom and Natural Health Choice

**We call upon you on a matter of urgency affecting the health and life of every man, woman and child in America today as well as all future generations – the right to unrestricted access and freedom of choice to natural health.**

**Throughout the 20<sup>th</sup> century** the drug industry was artificially built into one of the largest and most profitable investment industries. A precondition for today's monopoly of the drug industry over global health care was the strategic elimination of its greatest threat: the scientific knowledge about the health benefits of vitamins and other micronutrients.

**The role of vitamins** as essentials for the health of every cell in our body – and in fact for life itself – had been recognized by **9 Nobel Prizes** and is documented in the leading textbooks of biology and biochemistry. Despite these facts the drug lobby was able to essentially eliminate this knowledge from the textbooks of medicine and from medical practice. For decades, this life-saving health knowledge has been sacrificed by the drug lobby in the interest of the global markets of patented synthetic drugs, which are burdened with toxic side effects and exorbitant costs due to patent fees.

**In recent years**, however, the scientific evidence about the health benefits of micronutrients and other natural substances such as polyphenols in the fight against cancer, cardiovascular disease, osteoporosis and other major health problems today has exploded. A precondition for the explosion of knowledge in this field was the 1994 **Dietary Supplement Health and Education Act (DSHEA)** which allowed science-based natural health information to be widely disseminated. This explosion of scientific knowledge about natural, non-patentable health alternatives is now threatening the continuation of the multi-billion dollar pharmaceutical “business with disease”.

**Moreover, the new US administration** is determined to promote evidence-based medicine in order to lower health care costs and provide effective medicines to all citizens, thus reducing the influence of merely symptom-oriented, largely ineffective, high-cost pharmaceutical drugs on national health care. To block that the pharmaceutical drug lobby has apparently embarked on a campaign to manipulate public opinion and exert political pressure. Research institutions depending on pharmaceutical sponsorships became spearheads of public campaigns against this new goal of an effective and affordable health care. Leading among these institutions is **Harvard Medical School**, a private institution heavily sponsored by pharmaceutical interests.

**Despite the overwhelming scientific evidence** about the life-saving health benefits of micronutrients in the fight against cancer, heart disease and other serious health conditions, the names of these private institutions are apparently used in a desperate effort to attach some credibility to these anti-vitamin PR campaigns. These campaigns all follow the same pattern: the attempt bury the Nobel-Prize recognized health benefits of micronutrients and the evidence of thousands of research studies with natural health approaches under the name of a private medical institution which is sponsored by drug interests. That fact alone ends all credibility.

**The goals of the pharmaceutical drug lobby are obvious:** 1). Manipulate public opinion with the goal to increase pressure on US Congress to reverse the **Dietary Supplement Health And Education Act** 2). Obstruct the new US administration to finally implement evidence based medicine – including science-based natural health – as the basis of an effective and affordable health care for all Americans. 3). Continue to restrict access of the American people to science-based, effective, safe and affordable natural health in order to maintain its health care monopoly based on expensive patented drugs and continue to rake in billions in public and private health care money.

The exposure and the dissemination of information about this unethical scheme now make it impossible for this plan to succeed.

But that is not enough. We must actively protect unrestricted access to natural health and the freedom to choose natural health approaches. Moreover, we must promote scientifically founded and evidence-based natural health as an integral part of health care in order to save millions of lives and billions of health care costs.

### **Call to the members of US Congress**

**Cognizant of these facts, we, scientists, health professionals, members of the natural health community and people concerned with the future of our health care demand from all members of the US House of Representatives and the US Senate:**

- **Protect the Dietary Health and Education Act (DSHEA) granting unrestricted access, knowledge and freedom of choice to science-based natural health for the American people**
- **Support health care reform that is not limited to administrative changes but focuses on the prevention and elimination of diseases.**
- **Promote health care reform that includes science-based natural health approaches as the basis of an effective, safe and affordable health care for all people.**
- **Support legislation that allows evidence-based medicine, including science-based natural health, to be covered by health insurers.**

I trust that you recognize the significance of this issue for the health and life of millions of people in America and beyond and act upon it.

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